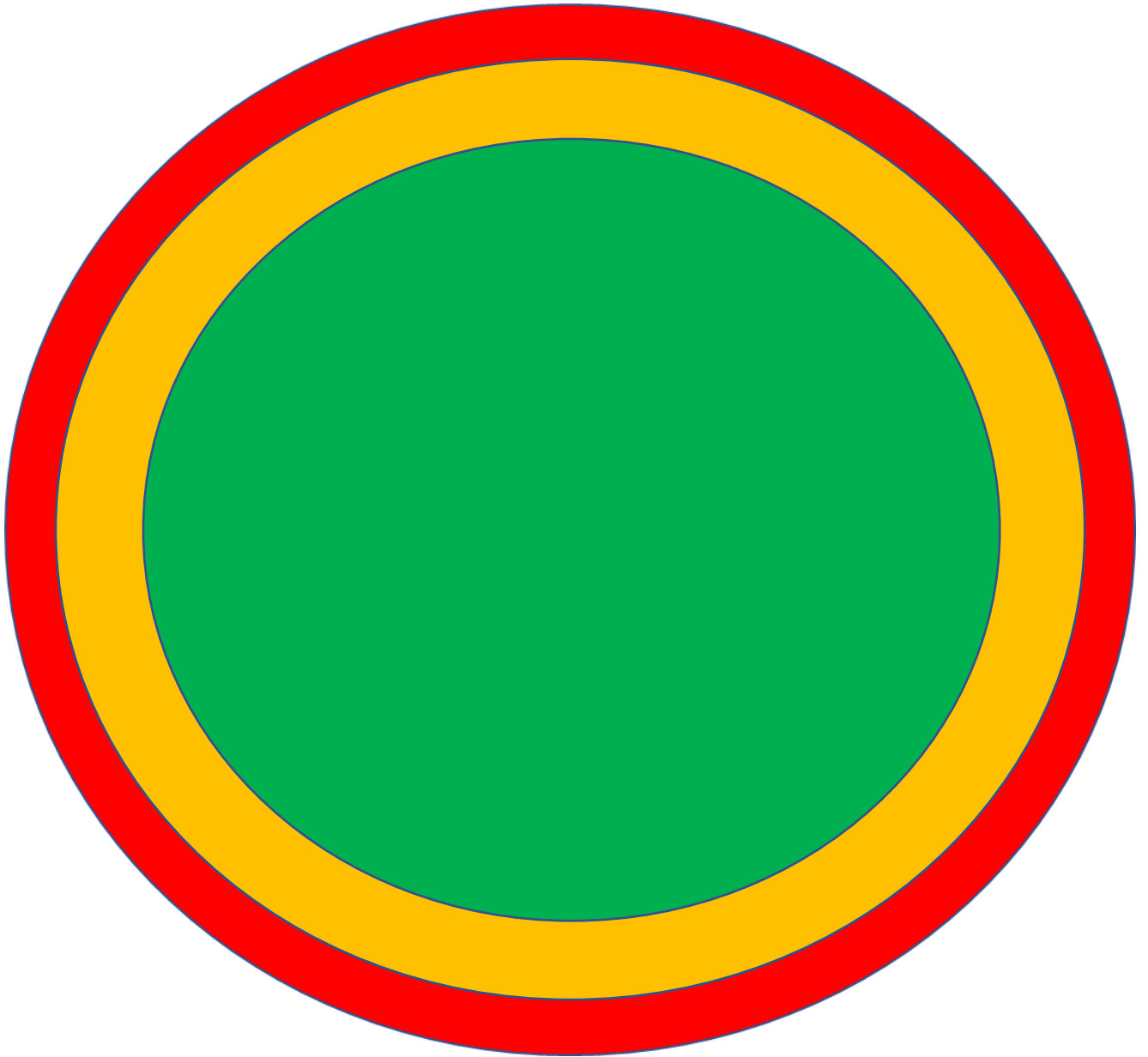


What is your current physiological state?



Open and Engaged
Fight/Flight
Freeze/Collapse

