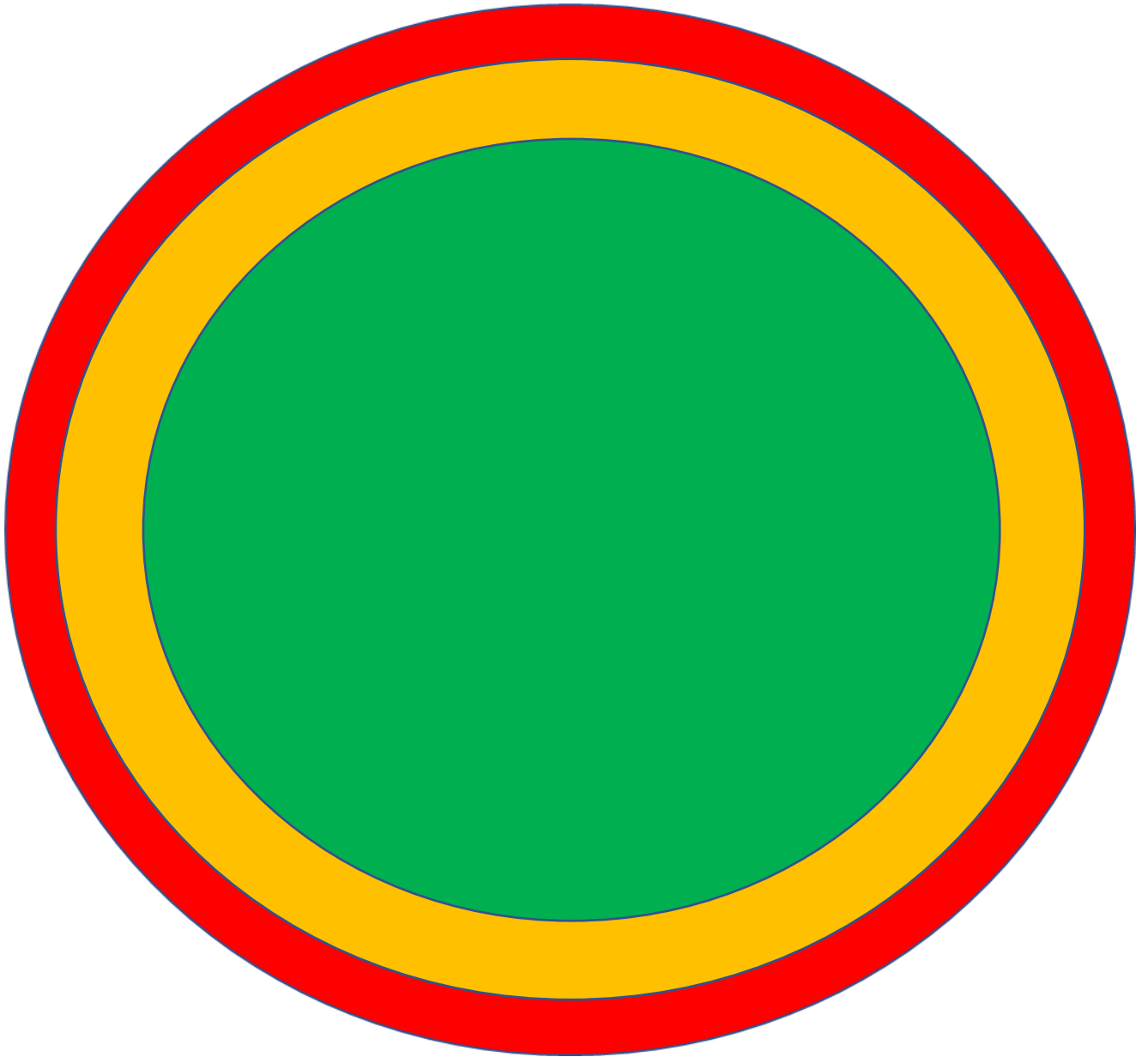


What is your current physiological state?



Open and Engaged

Fight/Flight

Freeze/Collapse

