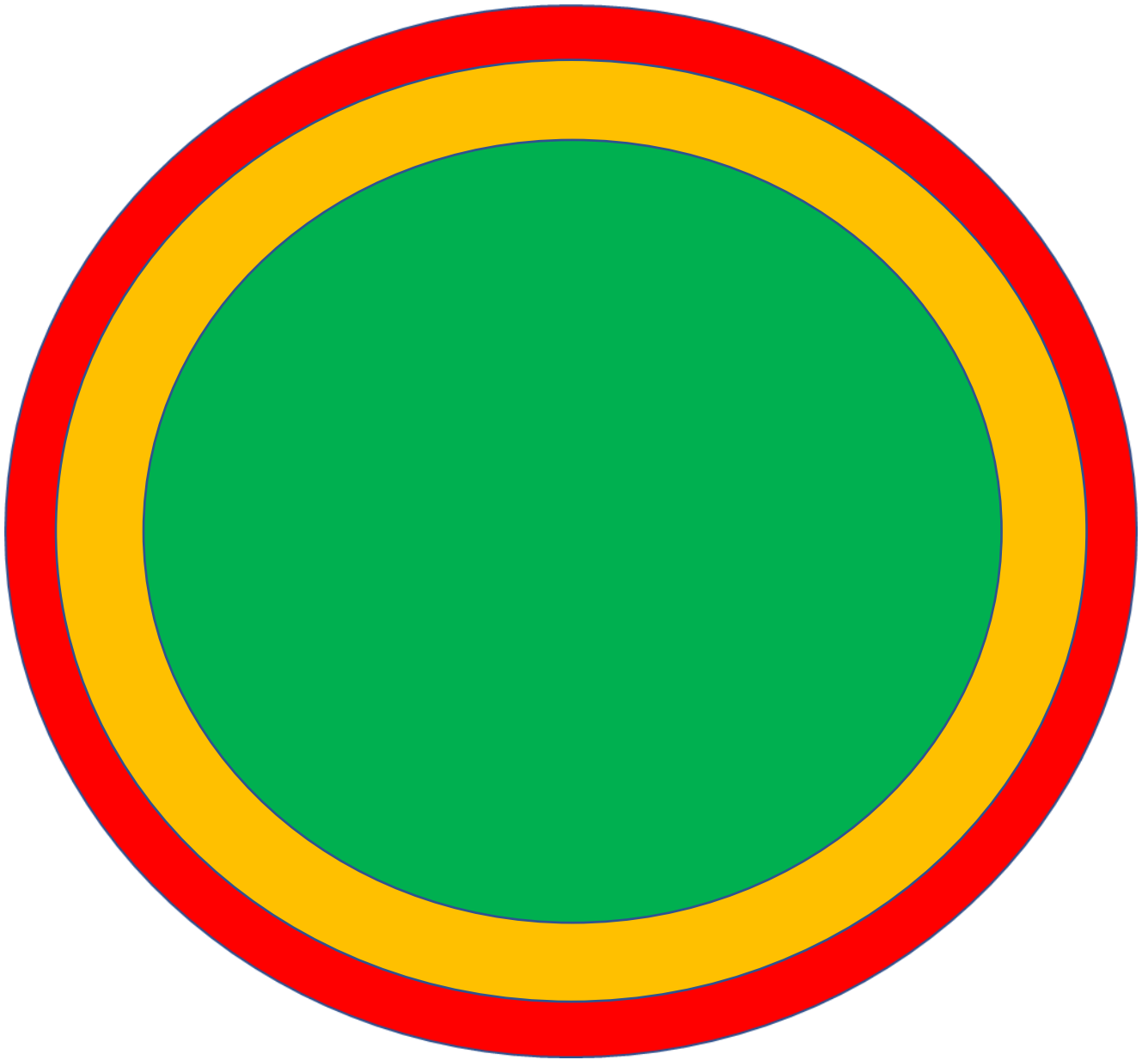


What is your current physiological state?



Open and Engaged  
Fight/Flight  
Freeze/Collapse

